

# Bulletin

## Industry Divisions



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Dear member

As we approach the Christmas – New Year holiday period, VACC appreciates that it can be a stressful and challenging time of year for some.

With this in mind, we include a list of support services available to all Australians should anyone be seeking assistance.

## Support services available

Emergency Services **000**

1800RESPECT **1800 737 732** or  
text **0458 737 732**

Lifeline **13 11 14**

MensLine Australia **1300 789 978**

Kids Help Line **1800 551 800**

13YARN **13 92 76**



VACC has prepared a [printable version](#) for your convenience, which we recommend printing and displaying in your workplace lunch rooms or communal spaces should you wish.

VACC would like to wish all members a safe and happy holiday season and look forward to working with you in 2024.

**Dr Imogen Reid**  
Lead, Strategy and Policy